

FOOTBALL GAME CARD (UNDER 8'S)

BODY PARTS

Each player will have a football which they dribble in the marked area and The Organiser will shout out a certain body party (head, knee, elbow, hand, left foot, right foot etc.) the players must stop the ball with that part of the body when instructed to do so.

THROW, CATCH, HEAD

Players make a circle around The Organiser, The Organiser would move around the circle throwing the ball towards the player one by one with a command of catch or head. The object of the game is to carry out the instruction made by The Organiser if the player does the wrong action they are out of the game and sit down where their standing.

FOOTBALL MATCH

Split into teams of 5, wearing 2 opposing team bibs. Play games of 2 minutes in length, change teams after the 2 minutes with the winning team stay on. Alter the length of time depending on the number of players.

TRAFFIC LIGHTS

Each player has a football at their feet. The Organiser will have a green and red cone. When the green cone is held in the air and shouted out the players will dribble within the 2 court space area. When the red cone is held high and shouted out the players have to stop where they are and stay still this is using the traffic lights as a visual aid for directions. The progression on from the above is to only hold up the coloured cone and not shouting the colour out which is encouraging the players to keep their head up.

CORNERS

Each corner (4 in total) will have a goal set out using cones and a football club badge behind them to make clear which goal the players are going towards. Each player would dribble the ball around the hall until The Organiser shouts out a football clubs name, the players would then dribble the ball to that corner and score a goal by kicking the ball through the goal.



GAMES THAT **EVERYONE** CAN ENJOY AT THE PARTY