

# White Oak Main Pool

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
06:00								06:00
07:00	Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming	07:00
08:00						Clubs		08:00
09:00	Schools	Schools	Lane Swimming	Schools	Lane Swimming			09:00
10:00	Public		Public Swimming		Public Swimming			10:00
11:00	Senior Swimming	Aqua Classes	Disabled Swimming	Aqua Classes	Schools	Swim Lessons	Clubs	11:00
12:00	Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming			12:00
13:00						Public Swimming		13:00
14:00	Schools	Public Swimming	Schools	Public Swimming	Schools		Clubs	14:00
15:00	Adult Swimming		Adult Swimming		Adult Swimming	Family Swimming	Lane Swimming	15:00
16:00	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Public Swimming	Family Swimming	16:00
17:00			Public Swimming		Public Swimming		Disabled Swimming	17:00
18:00	Clubs	Clubs		Clubs		Lane Swimming		18:00
19:00		Lane Swimming		Clubs		Clubs	Clubs	19:00
20:00	Lane Swimming			Lane Swimming				20:00
21:00		Lane Swimming						21:00
22:00								22:00

This pool timetable is subject to change. All swim sessions will be available to book online through the Everyone Active App or website - [www.everyoneactive.com](http://www.everyoneactive.com)  
This temporary pool timetable view will be removed from the website once the swim sessions are available to book online.