

EVERYONE

CAN EARN WHILE THEY LEARN

Kick start your career
in sport and leisure
with an Everyone
Active apprenticeship

Everyone Active - Intermediate Apprenticeship as a Multi-skilled Activity Leadership

Multi-skilled Activity Leadership:

This added-value qualification is essential for members of staff wanting to become an all-round fitness coach and work confidently in all areas of a multifunctional leisure facility. Learners undertaking this apprenticeship will have the ability to design individually tailored exercise programmes and provide safe and effective exercise instruction on all types of fitness equipment; the expertise to coach group activity sessions to a variety of participants including children and young people; and the skills to confidently work on a reception area and assertively deal with customer questions and new membership enquires.

All learners will need to complete the following mandatory units to achieve their Level 2 NVQ Certificate in Activity Leadership:

- Support the work of the team and the organisation
- Prepare for activity sessions
- Lead activity sessions
- Conclude and review activity sessions
- Promote health, safety & welfare in active leisure and recreation
- Support equality and diversity in active leisure and recreation
- Give customers a positive impression of yourself and your organisation
- Set up, take down and store activity equipment

All learners will need to complete the following mandatory units to achieve their Level 2 Diploma in Active Leisure for Exercise Professional:

- Teamwork in active leisure
- Encourage the adoption of a healthy and active lifestyle
- Anatomy and physiology for exercise
- Know how to support clients who take part in exercise and physical activity
- Health, safety and welfare in a fitness environment
- Principles of exercise, fitness and health
- Planning gym-based exercise
- Instructing gym-based exercise
- Customer care and diversity in active leisure
- Developing self in an active leisure job role
- Providing a reception service
- Health, safety, security and welfare in active leisure
- Delivering sessions for adolescents
- Understand the sales process
- Principles of anatomy and nutrition for exercise and health

Please see over...

To find out more, please visit
www.everyoneactive.com/about-us/careers/apprenticeships

everyone
ACTIVE

Qualifications needed:

All learners will need to achieve the following:

- Functional Skills in English L1/L2
- Functional Skills in Maths L1/L2

Pay and benefits:

Salary dependent on location from the start of your apprenticeship (including your training period). Free use of gym and swimming pool, paid holidays and on-going training opportunities.

Sports Leisure Management (SLM) – trading as Everyone Active Formed in 1987

SLM is the longest established leisure management company in the UK, working with 40 local authorities, operating 140 leisure facilities nationwide. It prides itself on achieving excellent operational standards, driving up activity participation, maintaining service excellence and developing colleagues, all of which are marks of a successful company. SLM is the company behind the exciting new brand Everyone Active; it's the UK's No 1 brand for activity. The vision is to be everyone's first choice for activity and we will strive to encourage everyone to participate in 30 minutes of moderate physical activity 5 times a week.

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