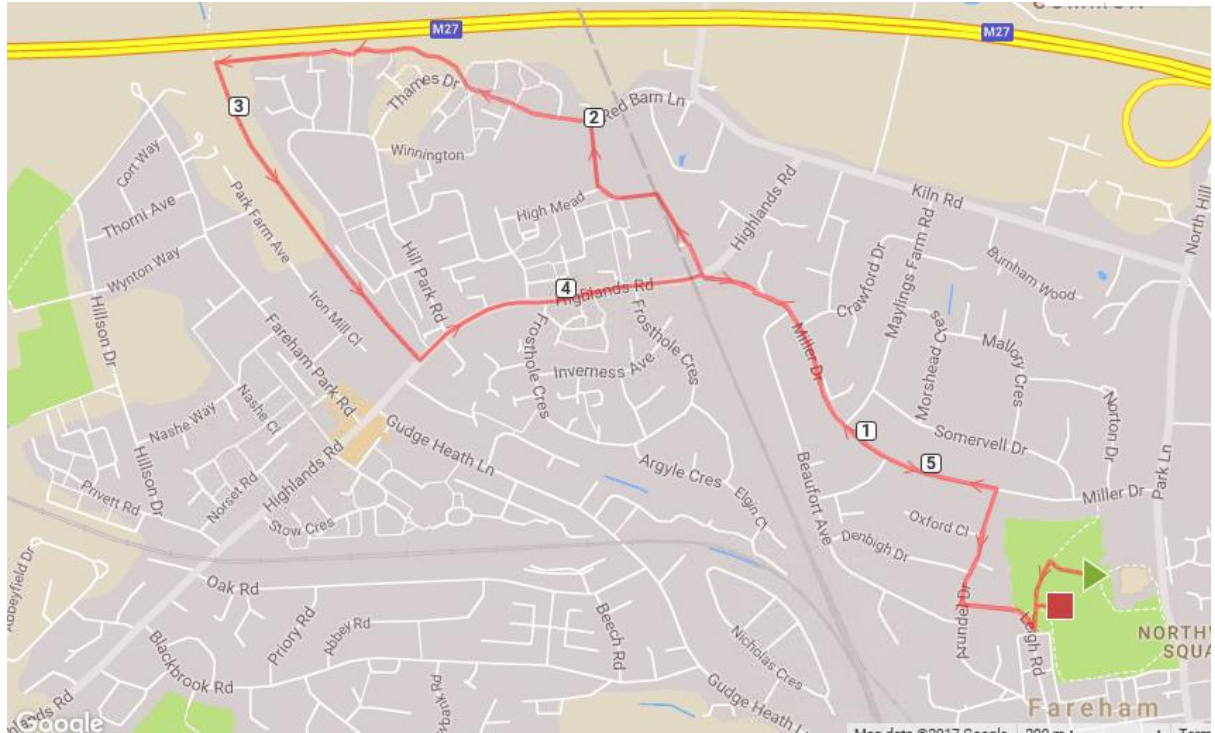


TRIATHLON RUN ROUTE



Course synopsis (Boxed numbers are kilometres)

1. From the transition area follow footpaths in the park to the Leigh Road exit. Turn right.
2. At the t-junction with Arundel Drive turn right.
3. At the t-junction with Miller Drive turn left
4. At the end of Miller Drive take the footpath through to Highlands Road.
5. Cross Highlands Road and take the footpath alongside the Scout Hut.
6. Note : This is a busy road and the crossing will be well marshalled and signed.
7. Follow the path through the woods emerging onto a small green through a kissing gate/stile.
8. Turn right on the green and follow the footpath between wood and house emerging onto another woodland path.
9. At the top of the slope you will be on Red Barn Lane – Cross the road (crossing will be marshalled). Turn left.

10. After passing the school on the left and Lechlade Gardens on the right you will turn right onto a footpath. Follow this between the houses and the woods until you come to a flight of steps.
11. At the bottom of the steps turn left and follow this path through the woods and into a car park.
12. Come out of the car park onto Highlands Road. Turn left. Do not cross.
13. When you reach the Scout Hut re-cross Highlands Road at the marshall point.
14. Follow the footpath and Miller Drive. Turn right back onto Arundel Drive.
15. Turn left onto Leigh Road and back to the finish line in front of the skate park.