



Sunday 15 May 2022
Race starts at 8.45am in Bond Square,
The Lexicon, RG12 1RQ

Programme Forward by Councillor John Harrison, Executive Member for Culture, Delivery and Public Protection, Bracknell Forest Council

I would like to extend a very warm welcome to everyone participating in The Lexicon Bracknell Half Marathon 2022. Whether you are a novice runner, or a seasoned veteran, taking part is always something to be proud of.

The Lexicon has been our race sponsor since 2018 and the partnership continues to go from strength to strength. The race is now well established with its start and finish within The Lexicon and has proved to be a hit with runners and spectators alike. Not only does the event benefit from an energetic crowd cheering on the runners, but spectators also benefit from excellent facilities whilst they support. The sponsorship provided by The Lexicon (Bracknell Regeneration Partnership) helps to bring our shared vision for a vibrant town centre to life. I would like to formally express my thanks to BRP for their generous and continued investment in the half marathon.

Thanks also to Everyone Active, the borough's leisure delivery partner, who provide the event management expertise to deliver such a tremendous spectacle. This will be the 37th running of the race and it is a testament to all the professional staff, volunteers, runners, and supporters that have been part of this race that it remains Bracknell's highest profile community sports event.

I would also like to mention the many charity runners who make valuable contributions to worthy causes. Those who donated will be supporting UNICEF, British Red Cross, and the Disasters Emergency Committee, three charities highlighted for their work in supporting those affected by the crisis in the Ukraine.

We have an eye on the future too and have looked for ways to make the race more sustainable. This year's event will once again be a zero single-use plastic bottle event. Each of the water stations out on route, including the finish area, will have a supply of naturally bio-degradable water pods.

Finally, it just remains for me to wish good luck to all the runners. I hope you enjoy our testing course and that you all achieve your personal targets for the race.



THE
LEXICON
BRACKNELL
Half Marathon

Race Day Timetable

07.30 Onwards Runners arrive at Bond Square

Remember your number and your chip

07.30 Information desk opens

08.30 Runners assemble near the start

08.35 Road Closures come into effect

08.40 Official welcome by the Mayor of Bracknell Forest

08.45 Start of Race

10.00 (approx.) First Finishers arrive back at Union Square

11.00 Presentation of trophies to race category winners

12.15 Official end of race

At 12.15 all race services will be removed. Runners still on the course may continue at their own risk



Competitors Notes

1. Time and Place

The Lexicon Bracknell Half Marathon takes place on Sunday 15 May 2022 and starts from Bond Square, in Bracknell Town Centre. It will start promptly at 8.45am.

2. Transport

Bond Square is on the north west side of The Lexicon, 5 minutes walk from the Bus and Train stations.

3. Car Parking

Allocated car parking is being provided free of charge in the High Street car park, which is sign posted from the edge of the town centre. On arrival at the barrier between 07.15 am and 8.30am simply produce your race number or payment e-mail and you will be issued with a ticket that will allow you to park free of charge up until midnight on 15 May. If you arrive at any other time or choose to park in any of the other town centre car parks normal fees will apply.

4. Changing Facilities

There are no changing facilities in the Race Village. There will be a bag store. All baggage is left at the owners risk.

5. Valuables

The Organisers cannot accept any responsibility for your valuables. Please leave them with friends or relatives.

6. Registration

You will have received your runner's pack including your race number and timing chip in advance of the race. Any participants that have not received their Race Pack will be able to collect one on the day from the information tent.

7. Toilets

These are located on the ground floor of the Avenue car park, The Avenue, The Lexicon, RG12 1AP. These are a short walk (less than 100m) from the race village area.

8. The Start

The Start will be marked with large feather flags. You will be called to assemble near the start at 8.35 am. The race will start at 8.45 prompt.



9. Runners Numbers and Timing Chips

You will need four safety pins in order to fasten your race number securely to your vest. You will also need to securely attach your timing chip to your shoelace with the cable ties provided in the envelope.

10. The Course

The Course will consist of one lap run on a mixture of footpaths, cycleways and closed roads. There are very short sections run on grass. The race will be led by a lead cycle, marshals will be strategically placed around the course and the route will be marked with arrows.

11. Stewards and Marshals

The course will be marshalled from start to finish, with CTM Traffic Management controlling major crossings. Please listen carefully to their instructions.

12. Timekeeping

A digital clock will display times at the finish. Mile Markers will be placed on the course.

13. Pacers

There will be pacers at 1.30, 1.40, 1.45, 1.50, 2.00, 2.15, 2.20, 2.30 and 2.40. Runners looking to run a specific time should look out for the Pacers in their distinctive T shirts.

14. Water Stations

There will be water stations at regular intervals around the course. This year, we will again be using the environmentally friendly ooho water pouches. Ooho is an edible packaging made from seaweed. An Ooho is allergen free, vegan and 100% biodegradable in less than 6 weeks. An Ooho contains 70ml of water, the perfect amount for hydration on the go. Replacing plastic bottles with Oohos can reduce carbon emissions up to 98%. You are also more than welcome to bring and run with your own water bottle.

15. Dropping Out

If you need to pull out of the race for any reason, please report to the nearest Marshal so arrangements can be made to return you to the Race Village.

16. The Finish

Your time will be recorded as you pass across the mat under the finish arch. Please then pass through the finish funnel to collect your medal, snacks, water and your t-shirt if you pre-ordered one. There will be a Timing Chip collection point near the finish for you to return your timing chip.



17. Results

A full set of results will be published on the Sport Systems website early in the week.

18. Presentations

Presentations in the various race categories will be made at approximately 11.00 am in the Race Village, near the finish line.

19. Catering

There is a wide variety of catering outlets within The Lexicon. Some will be open before the race and most if not all open by the time the race finishes. If you are considering having breakfast or a meal afterwards you are advised to book in advance.

20. Safety Advisory Notice

Although the course is almost entirely off road there are short stretches on the road and areas where the route crosses side streets. Every effort will be made to ensure a clear run, but there will be members of the public not connected to the race going about their normal business. Please be courteous and for your own safety obey the Highway Code. The course has been designed to keep runners out of the road. Runners choosing to run in the road may be disqualified.

21. Use of Headphones

The Organisers of the Bracknell Half Marathon are aware that a number of participants in the race may choose to run wearing headphones, Ipods, MP3 players and other audio equipment Whilst not banning this practice the Organisers of the race strongly advise against the wearing of Headphones. Any participant choosing to ignore this advice will be running entirely at their own risk. In the event of any incident/accident involving a runner wearing headphones it is possible that their race insurance is invalid.

22. Covid-19 Precautions

In the first instance, all runners are reminded not to attend if they are displaying signs of Covid-19 as outlined by the NHS. Hand sanitising stations will be located throughout the race village area and we would encourage all runners and spectators to sanitise hands pre and post race.

INFORMATION DESK

If you have any queries on the day of the race please go to the information desk located near the star line in the Race Village.